

# ACTION KARATE

1-888-99-SHARK      www.ActionKarate.net

## ASPIRATIONS

### Green Belt Promotion Requirements

Please answer with "honesty in the heart"



STUDENT NAME: \_\_\_\_\_

**This portion to be filled out at home:**

- |  |     |       |
|--|-----|-------|
| 1. I attend class twice per week                                 | YES | NO    |
| 2. I make up missed lessons promptly                             | A   | B C D |
| 3. Name of 2 friends I am bringing to promotion night _____      |     |       |
| 4. I break big projects into smaller parts                       | A   | B C D |
| 5. I use my time wisely  | A   | B C D |
| 6. I write down goals that are important                         | A   | B C D |
| 7. I share goals with instructors so they can help me reach them | A   | B C D |
| 8. I take homework seriously to be better prepared               | A   | B C D |

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

What sport or activities will your child be involved in during the next three months? \_\_\_\_\_

Remember to include your letter of recommendation. See next page.

**This portion to be filled out by teacher:**

The goal of the Action Karate program is to encourage improvements in all areas of our student's lives. Please help us by filling out this form.

	Yes	No
Student is receiving passing grades at school	___	___
Student is respectful at school	___	___
Student has a positive attitude at school	___	___
Student shows good behavior at school	___	___
Student accomplishes tasks at school	___	___
Teacher comments:		

Promotion Night is \_\_\_\_\_ At (time) \_\_\_\_\_

I will attend \_\_\_\_\_ I will not attend \_\_\_\_\_

Action Karate participates in many community activities. We believe in the importance of Partners in Education and incorporate Character Building Skills into a customized program for your class or school.

Yes \_\_\_\_\_, I am interested in a presentation. Please call me to schedule and save \$50.00 this month.

Teacher Name: \_\_\_\_\_ phone: \_\_\_\_\_

Best time to call: \_\_\_\_\_ Email address: \_\_\_\_\_

Dear Parents,

As you are aware, the physical development of our students is only a small part of what the Action Karate program offers its students.

In addition to physical skills, we put a heavy emphasis on the development of the “Three C’s” – character, concentration, and confidence. Frequently, it is emphasized in class that the traits important to developing as a student of the Martial Arts are demonstrated not only on the training area but at home and in school as well.

With this in mind, we are asking for your feedback in the form of a “letter of recommendation” stating why your child should be eligible to test for a new class rank. In this letter, we ask that you share the positive benefits / changes that Martial Arts training has had on your child.

Not only does this give instructors a barometer for the effectiveness of our program, but more importantly, when shared with our students it gives them tremendous incentive for continuing to develop in these important areas in the future. Please take a few minutes to write down your thoughts.

You may use another piece of paper for the letter if necessary. A teacher, guardian, or other prominent adult figure in the child’s life may write the letter instead of a parent.

As always, thank you for your support in making our program a success.

Action Karate

Student’s Name: _____
Signed: _____ Relationship to Student: _____