

ACTION KARATE

1-888-99-SHARK www.ActionKarate.net

SELF-CONTROL

Purple Belt Promotion Requirements

Please answer with "honesty in the heart"



STUDENT NAME: _____

This portion to be filled out at home:

- | | | | | |
|--|-----|----|---|---|
| 1. I attend class twice per week | YES | NO | | |
| 2. I make up missed lessons promptly | A | B | C | D |
| 3. Name of 2 friends I am bringing to promotion night _____ | | | | |
| 4. I limit eating junk food | A | B | C | D |
| 5. I don't blame others for my mistakes | A | B | C | D |
| 6. I'm gracious to opponent in competition whether I win or lose | A | B | C | D |
| 7. I walk away to cool off if brother/sister/friend makes me angry | A | B | C | D |
| 8. I don't lose temper if I don't catch onto something right away | A | B | C | D |
| 9. I stop and think before acting | A | B | C | D |
| 10. I practice with best effort even when nobody is watching | A | B | C | D |

Student Signature: _____

Parent Signature: _____

Think about why you originally enrolled your child here at Action? Why are they here now?

What sport or activities will your child be involved in during the next three months? _____

This portion to be filled out by teacher:

The goal of the Action Karate program is to encourage improvements in all areas of our student's lives. Please help us by filling out this form.

| | Yes | No |
|---|-----|-----|
| Student is receiving passing grades at school | ___ | ___ |
| Student is respectful at school | ___ | ___ |
| Student has a positive attitude at school | ___ | ___ |
| Student shows good behavior at school | ___ | ___ |
| Student accomplishes tasks at school | ___ | ___ |
| Teacher comments: | | |

Promotion Night is _____ At (time) _____
I will attend _____ I will not attend _____

Action Karate participates in many community activities. We believe in the importance of Partners in Education and incorporate Character Building Skills into a customized program for your class or school. Yes _____, I am interested in a presentation. Please call me to schedule and save \$50.00 this month.

Teacher Name: _____ phone: _____

Best time to call: _____ Email address: _____