

ACTION KARATE

1-888-99-SHARK www.ActionKarate.net



Perseverance

Yellow Belt Promotion Requirements

Please answer with "honesty in the heart"

STUDENT NAME: _____

This portion to be filled out at home:

- | | | | | |
|--|-----|----|---|---|
| 1. I attend class twice per week | YES | NO | | |
| 2. I make up missed lessons promptly | A | B | C | D |
| 3. Name of 2 friends I am bringing to promotion night _____ | | | | |
| 4. I finish what I start | A | B | C | D |
| 5. I stay positive even if things don't go right the first time | A | B | C | D |
| 6. I understand that everything improves with practice | A | B | C | D |
| 7. I work on stretching to increase flexibility even when it hurts | A | B | C | D |
| 9. I have set my goal to be a Black Belt | YES | NO | | |

Student Signature: _____ Parent Signature: _____

The biggest compliment you can give your instructor is sharing your positive experience with others. One way Action Karate does that is by using Google Reviews. Please post one or two sentences sharing your Action experience on Google

What sport or activities will your child be involved in during the next three months? _____

Are there any charities you are especially committed to? If so, please list. _____

This portion to be filled out by teacher:

The goal of the Action Karate program is to encourage improvements in all areas of our student's lives. Please help us by filling out this form.

- | | Yes | No |
|---|-----|-----|
| Student is receiving passing grades at school | ___ | ___ |
| Student is respectful at school | ___ | ___ |
| Student has a positive attitude at school | ___ | ___ |
| Student shows good behavior at school | ___ | ___ |
| Student accomplishes tasks at school | ___ | ___ |

Teacher comments: _____

Promotion Night is _____ At (time) _____

I will attend _____ I will not attend _____

Action Karate participates in many community activities. We believe in the importance of Partners in Education and incorporate Character Building Skills into a customized program for your class or school. Yes _____, I am interested in a presentation. Please call me to schedule and save \$50.00 this month.

Teacher Name: _____ phone: _____

Best time to call: _____ Email address: _____

One of the most important steps in achieving goals is visualization.

Watch your progress up to Black Belt each step of the way with your own belt rack!

_____ Standard Free Standing Belt Rack \$44 _____ Upgraded Wall Mount Belt Rack \$99

Name _____ Amount Enclosed _____